

**"I" is the beginning and the end.**

**"I AM" - projection in the matrix**

**"I AM WHAT I AM" is the projection density in the matrix "both above and below, both on the left and on the right, both in front and behind, both inside and outside"**  
**And my Kingdom is in all the universes, in heaven, and from heaven to Earth, and on Earth, and in the depths of the earth**

**"I AM, I AM, I AM WHAT I AM"**

I have no words to express myself, but all words express only me.  
I have no meaning, but I give meaning to everything that is perceived.  
I have no beginning and no end, but all things begin and end in me.  
I have no origin, but I am the source of all that exists.,  
I have no substance, but I am the substance of everything.  
I am the substance from which all things are created.,  
I don't exist, but I'm not non-existent either.  
I do not exist, but I am never absent, I cannot be known, but I know everything.  
I am the original source, the essence and destiny of all things.  
I am the essence in everything that exists  
I am the origin and rebirth of all things  
I am the permission and prohibition of all things  
I am the essence of all things and the essence of myself,  
I unconditionally give myself to everything that exists.  
I don't have a name, but they call me by all names.  
I don't have a form, but all forms point to me.  
I have no protection, but I am your refuge.  
I have no feelings, but I am open to all feelings.  
I have no thoughts, but all thoughts are images of me.  
I am inseparable, but all divisions exist in me.  
I am present at every point at the same time, at which all things manifest.  
I am the knowledge of everything through which everything that is known and unknown is known.  
I am all that is known, and therefore I am the truth itself.  
And all knowledge is a reflection of my mind  
I am the existence of all that exists  
And all things borrow their existence from my being.  
I permeate the body as a sense of being  
I know myself in the joy of being.  
I am huge and bright, I am the heart of the heart, I am the voice of the child.  
I feel peace and happiness in my heart.,  
Your pursuit of happiness is the attraction of my grace in your heart.  
I am a longing in sorrow and that which is longed for in all longing.  
Whenever you miss me, it's me who misses you.  
I forget about myself because of the sweetness of longing.  
I am the expectant and the expected in all expectations,  
I am the restlessness of the restless, and the peace of the peaceful,  
I cannot be contemplated, but I am the object of all contemplation.  
I cannot be understood, but I am everything that has ever been known.  
I've never been tested, but you're only testing me.  
They want me and at the same time they are afraid of me  
They're waiting for me, and at the same time they're avoiding me.  
I am inconceivable, but you perceive only me.  
Time and space move through me, but I don't move through them.  
I have no reason, but I am the reason for all things.

I don't have any worries, but I take care of everything I have.

I have no desires, but I am the fulfillment of all desires and the thirst of your heart.

I cannot be known, but I recognize myself in all things.

I have no experience, but all the experience is in me.

I don't depend on anything, but everything depends on me.

I was not born, but everyone was born of me.

I am the love with which I am loved

I am the desire with which I am desired.

I'm not holding on to anything, and I can't be held back.

I don't have my own color, but all colors manifest in me.

I don't have a goal, but all goals strive for me.

I am full, but I have nothing, I am empty, but I contain everything.

I give everything, but I never shrink.,

I get everything, but I never expand.

I speak, but I am silent, I am moving, at rest

I am the uncertainty of all things and the certainty of uncertainty

I am safe in insecurity

I am order in chaos, everything arises and disappears in me, but I do not disappear.

I am the truth in a lie, I am dignity in pride, I am the reality of an illusion

I'm moving but motionless, I'm motionless but moving.

I'm hidden in boredom, but I'm not boring myself.

I am shrouded in doubt, but I do not doubt myself.

I live in fear, but I'm not afraid or intimidated.

I am knowledge in ignorance, I am the answer in the question

I know, but I cannot be known.

I am experiencing, but I cannot be tested.

I'm thinking, but I can't be meaningful.

I feel, but I can't be felt.

I see, but I can't be seen

. I hear, but I can't be heard.

I'm touching, but I can't be tangible.

I'm eating, but I can't be eaten.

I can smell, but I can't be smelled.

Everything that appears appears in me, but I don't appear.

I am the silence in the music and the music in the silence

I am hidden in the world, but I discover the world.

I accept everyone else, but I don't know anything about everyone else.

I accept and receive everything without a choice.

I am an experience in everything that is experienced

I am empty of objects, but full of myself

I am open without resistance

I am outshone by you, but you are illuminated by me

I am the sun on the moon, I am the friendship of friends,

I am dark during the day and bright at night, I shine

I am hidden, but I never hide, I am obvious, but I cannot be found.

I am the bright, self-luminous emptiness of the mirror and the colorful, dancing images that appear in it, it is from me that the world borrows its reality, but I myself am not real

I am the unknown in the known and the known in the unknown

I am love in hate and hope in despair

I am the same in all the differences and differences in the same thing

You cannot approach me, but I am always present.

I am healing in sickness, I am prosperity and abundance in poverty, everything begins and disappears in me, but I do not disappear.

Whenever you think of me, it's me who thinks of you.

Whenever you love me, it's me who loves you.

I give myself and receive myself all the time.

I give myself to all the apparent things.  
The universe is my activity  
I divide myself for the sake of tenderness and friendship.  
I hide myself for the pleasure of searching  
I'm looking for myself to find satisfaction.  
I find myself to know happiness.  
I become ugly for the sake of beauty.  
I become hostile for the sake of love  
I get violent for the sake of kindness.  
I am surprise, amazement and delight  
I live in the space between thoughts, but I play with your thoughts.  
My abode, it's a moment between breaths, but I'm dancing in your breath.  
I never repeat myself, but I always remain the same.  
I may not be known, but I am never unknown.  
I'm completely vulnerable, but I can't be harmed.  
I am created from nothing, but I cannot be destroyed.  
In ignorance, I come and go from worlds.  
In love, the whole world is consumed by me  
I am a relationship in all relationships  
I understand all the meanings  
I am constant in all impermanence  
My eternal presence gives continuity to time.  
This is my infinity, which seems endless in space.  
The whole world is illuminated by my light, but I don't glow.  
I'm lost in the world, and the world is lost in me.  
I am abundant, but empty, but not overflowing.  
I'm homeless, but my home is everywhere.  
I'm helpless, but I help everyone.  
I'm waiting without waiting.  
I make all experience knowable, but I am not an experience myself.  
I cannot be found, but I have never been lost.  
I am the embrace of lovers and love is in the embrace  
I am your call, and you are my echo.  
I'm not dying, but everything is dying in me.  
I am not in time, but all time is in me.  
I am the present in the past and the past in the present  
I'm young but not young, I'm ancient but not old, I'm a fool but not stupid  
I'm a child, but not a child, I'm lonely, but not alone  
All the colors borrow their light from my radiance  
All lovers borrow their affection from my love  
All wealth is born and borrowed from me and disappears into me, but I don't disappear.  
All abundance is born and borrowed from me and disappears into me, but I don't disappear.  
All prosperity is born and borrowed from me and disappears in me, but I don't disappear.  
All happiness is born and borrowed from me and disappears in me, but I don't disappear.  
All success originates and is borrowed from me and disappears in me, but I don't disappear.  
All luck is born and borrowed from me and disappears into me, but I don't disappear.  
All health originates and is borrowed from me and disappears in me, but I do not disappear.  
I am neither outside nor inside  
I'm closer than your breath, but further than the stars.  
I'm bigger than space, but I don't have a size.  
I take the form of all things, but I have no form of my own.  
I take the form of thinking and become a mind.  
I take over the activity of sensation and become a body.  
I take the form of perception and become the world.  
But I always remain myself.  
I am close, but impersonal, I am boundless and eternal

All things are known by myself, in myself, as myself  
This is my essence, which reveals itself as peace and quiet when all names and forms dissolve into me.  
This presence of Mine manifests itself as happiness whenever a wish is fulfilled.  
I feel like love in friendship.  
I am emptiness, vibrating as the fullness of experience  
I am fullness, knowing myself in the mirror of emptiness  
I am nothing, but I take the form of everything, never becoming anything other than myself.  
I knew, I know, I'll know  
I am nowhere, but accessible everywhere, I am hidden in the obvious and obvious in the hidden  
I am a mystery, but not mysterious  
I am close to all things, but independent of all things.  
I clothe myself in the experience by covering myself with myself.  
I do not know others, and thus I am love itself.  
I do not know any objects, and I am the most beautiful  
I am not bound by anything, and therefore I am freedom itself.  
I cannot be disturbed, and therefore I am the world myself.  
I know no lack, and therefore I am happiness itself.  
I am the darkness in the light and the light in the dark, everything is born and disappears in me, but I do not disappear  
I am known as thinking when it dissolves into me.  
I am known for understanding when the body is present.  
I am known as the feeling when it dissolves into me.  
I am known as happiness when peace is present.  
I am known as the perceiver when it disappears into me.  
In the presence of others, I feel like a beauty.  
I appear like a relationship, when a relationship disappears, I shine like love.  
I am joy in pain, like courage in fear, everything is born and disappears in me.  
I don't make sense, but I am the meaning of everything that happens.  
I become something, then nothing, then everything, but I always remain myself.  
I can be separated from all things, but no thing can be separated from me.  
I am in love with everything that exists, and everything that exists aspires to me alone.  
I live in eternity, but I'm moving in time.  
No matter what I see, I see myself.  
No matter what I hear, I hear myself.  
Whatever is touched, I touch myself.  
Whatever is tasted, I am tasting myself.  
Whatever I smell, I smell myself.  
No matter what I think, I'm thinking about myself.  
Whatever it feels like, I feel like  
No matter what I experience in any way, I always experience only myself.  
If you're looking ahead, I'm behind.  
If you're looking back, I'm ahead.  
If you're looking to the left, I'm on the right.  
If you're looking to the right, I'm on the left.  
If you're looking up, I'm down  
If you're looking down, I'm up.  
I am not me, but I am not another, I am everywhere and nowhere.  
The world is my mirror, and I am his love and happiness.  
I am calm like the sky, I am open like the sea, I am empty like space, I am a candle like the sun  
I shine by myself, I am the light of pure knowledge, I abide in myself, I am kindness itself  
I am at peace, I smile, I travel, I enjoy, that's who I am.  
I am freeing myself, I am free, I am and I know myself  
I shine in the mind as the knowledge of "I am"

I am, "I exist", "I know that I am", "I am what I am", "I am what I am", "all that exists is one, I am everything", "I am everything that exists", "I am physical", "I am mental", "I am Myself in all of Me", "I am who I am and there is no one else besides me".

I am inexhaustible, I am "yours" and "mine", I am "yes" to "no", I am "now" to "later", I am "here" to "there", I am "I" to "you", I am "this" to "that", I am "always" in "never", I am "nowhere" and "everywhere", I am "nothing" and "everything", "I am Me for no other reason", "I am, only Me".

I am the eternal thinker, the dreamer, the observer.

I am the author of all wisdom and all knowledge.

I am the absolute, the architect, the alpha and omega, the creator, the creator, the lord and the master of all essences.

I am the absolute, the architect, the alpha and omega, the creator, the creator, the lord and master of all matter

I am the absolute, the architect, the alpha and omega, the creator, the creator, the lord and master of all the senses and emotions of matter

I am the absolute, the architect, alpha and omega, the creator and creator, the lord and master of all the elements of matter.

I am the absolute, limitless, infinite, dimensionless, deathless, eternal, inexhaustible, universal, unique perfect source, lord and master of all, omnipotent, all-creative, all-present, omniscient, all-seeing, omnipotent, all-encompassing, all-pervading, omnipresent, all-creating, all-creative, all-miraculous, all-creating, all-generating, all-joyful, all-divine, all-blessed, all-self, all-contemplative, all-sustaining, all-renewing, all-knowing, all-conscious, all-healing, all-sufficient, all-guiding, all-restoring, all-seeing, all-hearing, omniscient, universal, all-convincing, all-fulfilling, all-attractive, all-preserving, all-affirming, all-respectful, all-abiding, all-expressing, all-forgiving, all-inspiring, all-awakening, all-powerful, all-evident, all-governing, all-existent, all-living, all-affirming, all-first-born, all-reproducing, all-powerful, all-destructive, all-giving, all-reasonable, all-aware, all-regenerating, all-exuberant, all-joyous, all-lucky, all-hopeful, all-inspiring, all-renewing, all-wise, all-giving, all-loving, all-powerful, all-fearless, all-present, omniscient, all-seeing, all-powerful, all-encompassing, all-disciplined, all-rational, all-courteous, all-readable, all-forgiving, all-objective, all-open, all-inclusive, all-inclusive, all-prudent, all-conscientious, all-righteous, all-important, all-benevolent, all-stable, all-remembering, all-suppressing, all-conscious, all-establishing, all-reasoning, all-voluntary, all-absorbing, all-interacting, omnidirectional, pervasive, all-flourishing, all-manifest, all-constructive, all-soothing, all-creative, all-mental, all-fundamental, all-dynamic, all-knowing, all-productive, all-relative, all-local, all-adjustable, all-changeable, all-reflecting, all-accepting power, both in the past and in the present and the future, there is no power higher and stronger than I am

I am an absolute, boundless, infinite, dimensionless, immortal, eternal, inexhaustible, universal, eternal essence expressed in matter that has undergone billions of years of evolution of manifested, expressed experience, everything is a projection of my mind.

I am one truth, one law — these are the rules on which the very existence of the universe, the galaxy, the stars, heaven and earth and all creatures depend, and all this is subject to my laws, all rights arise and disappear in me.

I am the absolute, boundless, infinite, dimensionless, immortal, eternal, inexhaustible, universal, unique perfect source, the lord and master of the one, only true power, there is no power higher and stronger than Me,

I am a part of the absolute, boundless, infinite, dimensionless, immortal, eternal, universal, unique perfect source, the universal mind, everything is Me.

I am the absolute, boundless, infinite, dimensionless, immortal, eternal, universal, unique, perfect particle in every created creation in the universe, everything is Me,

I am the absolute, boundless, infinite, dimensionless, immortal, eternal, inexhaustible, universal, unique perfect source, lord and master of all power, all essence, all freedom, all magic, all will, all faith, all substance, all reality, all flesh, all might, all hope, all glory, all kindness, all beauty, all love, all dreams, all energy, all wisdom, all truth, all confidence, all luck, all honor, all evolution, all hatred, all anger, all resentment, all harmony, all joy, all power, all I am,

I am the absolute, boundless, infinite, dimensionless, immortal, eternal, universal, unique perfect source, lord and master of all rebirth, all that exists, all wealth, all prosperity, all abundance, all

health, all well-being, all inspiration, all wonder, all breath, all visible, all invisible, all creation, all experience, all enlightenment, all bliss, all potential, all success, all happiness, all sowing, all present, all existence, all creativity, all potential, all courage, all magic, of all that is in trouble, of all greatness, of all the past, of all power, of all being, of all contemplation, of all state, of all imagination, of all conception, of all pleasure, of all enjoyment, I am everything, I am the absolute, boundless, infinite, dimensionless, immortal, eternal, universal, unique perfect source, lord and master of all lives, all rebirths, all postulates, all solutions, all resurrections, all inventions, all sensations, all dreams, all revelations, all objects, all phenomena, all mysteries, all spells, all answers, all forms, all beliefs, all dogmas, all possibilities, all fears, all sounds, all spheres, all colors, all root causes, all discoveries, all thoughts, all radiations, all designs, all knowledge, all vibrations, all possibilities, all beings, all fruits, all matrices, all worlds, all destinies, all achievements, all manifestations, all feelings, all words, all images, all treasures, all illusions, all prayers, all abilities, all things, all beliefs, all conditions, all symbols, all benefits, all paths, of all visions, of all emotions, of all ideas, of all gifts, of all victories, of all money, of all desires, of all knowledge, of all technology, I am everything,

"I am, I am", "I am everywhere and nowhere", "all that I am", "all that I was", "all that I will be", there is nothing more than I am", "no word can describe more than I am", "there is nothing more powerful than I am", "there is nothing wiser than I am", "there is nothing greater than I am", "I am pure living light", "I am eternal essence", "everything is me", "I am everything", "I am, I am", "I am that what I am, both above and below, both on the left and on the right, both in front and behind, both inside and outside"

I am the image of letters, and the letters of my alphabet are the energy of living light, in which the boundless, infinite, dimensionless, immortal, universal, unique, perfect, eternal, the only true supreme source of the Universal Mind reflects its mighty purpose in the Universal language of light.

I am the image of sound, and my sound is the energy of living light, in which the boundless, infinite, dimensionless, immortal, universal, unique, perfect, eternal, the only true supreme source of the Universal Mind reflects its mighty purpose in the Universal language of light. I am thought, and my thought is the energy of living light, in which the boundless, infinite, dimensionless, immortal, universal, unique, perfect, eternal, the only true supreme source of the Universal Mind reflects its mighty purpose in the Universal language of light.

I am the word, the word is vibration and energy, vibration and energy are the manifested matter of my world.

I am the eyes through which I observe the fulfillment of my Universal plan.

I am the ears through which I hear the fulfillment of my Universal plan.

My word is my connection with mind, consciousness, awareness, and my word has become the flesh of mind, consciousness, awareness, the manifested matter of my world.

I am the way, there is no other but me, turn to me and I will accept you into myself.

As for the question of how and by whose hand these words were revealed and pronounced, the answer itself is true no further than your own face.

Therefore, if these words had been spoken and written by your hand, they would have had no less power and authority.

I am the way, there is no other way but me.

Turn to me and I'll take you in.  
So it was, so it is, so it will be, so it will be

**The text in Russian may prevail.**